 ISIAH AUGUSTUS P. LAO

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*TITLE: H.S.E ADVISOR*

PROFESSIONAL EXPERIENCE

ADVANCED FLEXIBLE PACKAGING COMPANY Sept 2021 - Present

(Health and Safety Supervisor)

Duties and Responsibilities:

* Assist Safety Officer in implementing safety and health requirements, standards and instructions.
* Keep all staff informed of the Safety Policy and take all reasonably practicable steps for carrying it out.
* Assist safety officer in new employee orientation.
* Ensure PPE are used whenever appropriate.
* Ensure all firefighting systems are working and properly maintained.
* Assisting safety officer in conducting daily safety meetings.
* Schedules safety walkthrough with management.
* Lead security personnel in matters regarding safety and security.
* Prepares Training plan for the organization with regards to health and safety.
* Inspecting workplaces/site conditions to establish procedures and policies to overcome those hazardous situations. Also, looks for broken equipment, defective tools, and other potential hazards.

SPRINGS WATER FACTORY NESTLE WATERS DAMMAM May 2017- Sept 2021

(Health and Safety Officer)

Duties and Responsibilities:

* Involved in the development and review of policies and procedures to manage risks and impacts.
* Consulted where there are any changes that affect workplace health, safety and environment matters.
* Ensure the implementation of HSEMS operational control procedures in all areas as well as contractors and visitors.
* Established and implemented company’s Health and Safety Program and supervised implementation of safety standards on site.
* Maintained record of all safety procedures, relaying information about specifics as requested; coordinated direct testing of air quality, noise or other industrial hygiene standards, to verify compliance with health and safety regulations.
* Conducting Internal Audits with regards to compliance of ISO 45001
* Coordinate with different department heads with regards to unsafe conditions of working environment.

**PACIFIC AIRCONDITIONING AND GENERAL SERVICES** March 2015- April 2017 (H.S.E OFFICER)

PROJECT: THE SKY SUITES TOWER (EEI CORPORATION)

SCOPE OF WORK: (HVAC)

SITE ADDRESS: #927 EDSA Corner Quezon Avenue West Triangle Quezon City (THE HIGHEST ADRESS IN QUEZON CITY)

Duties and Responsibilities:

* Responsible for implementing and administrating all aspects of accident prevention, security, fire protection and control, and the control of equipment and property damage.
* Conduct daily inspection in the work area to ensure the health of the workers and the protection of the environment are properly taken care of.
* Conduct safety orientation classes for newly hired employees/ workers.
* Conduct accident investigation, analyze and formulate recommendation for corrective and preventive actions.
* Prepare job safety bulletins and subject materials for toolbox meetings.
* Responded to any emergencies as instructed and with utmost efficiency.

**Private Nurse**

Care for the elderly(2009-2015)

Duties and Responsibilities:

* Wound care and dressing change
* Ostomy appliance change
* Health teachings
* Monitoring vital signs
* Assist with client diet
* Assist with linen change

*CAREER SUMMARY:*

* *A graduate of Nursing with a proven track record in excellent interpersonal communication skills, influencing people and 7 years of experience in Health and Safety.*
* *Experience of performing the risk assessment and conducting the Emergency drills to ensure the alertness of Employees.*
* *REINFORCEMENT OF HEALTH AND SAFETY PRACTICES/PROGRAMS IN ACCORDANCE TO OSH STANDARDS THAN JUST BEING A COMPLIANCE TO THE LABOR LAW.*
* Knowledge of first aid methods and techniques, OSHA standards, Risk Assessment, Hazard Identification, Accident/Incident Investigation and Construction Safety.
* Knowledge of internal audit for ISO 14001,ISO 45001, ISO 9001, ISO 22000 and OSHA guidelines

ACADEMIC QUALIFICATIONS :

Our Lady Of Fatima University I Bachelor Of Science in Nursing 2005 – 2009

NEBOSH IGC (with Credit)

IELTS score of 7.5

**TRAININGS and SEMINARS ATTENDED:**

* ISO 14001:2015 & 9001:2015 Internal Auditor
* ISO 45001 Awareness Training
* BASIC OCCUPATIONAL SAFETY AND HEALTH TRAINING
* BLS AND FIRST AID
* CONSTRUCTION OCCUPATIONAL SAFETY AND HEALTH TRAINING
* FIRE PREVENTION PLANS (OSHA BASED)
* IOSH Managing Safely v5
* LOSS CONTROL MANAGEMENT
* FALL PROTECTION IN CONSTRUCTION (OSHA BASED)
* CONFINED SPACE ENTRY (OSHA BASED)

**SKILLS:**

* **Risk Assessment**
* **Preventive and Trauma Care**
* **HAZMAT Exposure Testing**
* **Incident/Accident Investigation**
* **Fire Safety**
* **LOTO**
* **First Aid and CPR**
* **Internal Auditing (ISO 45001, ISO 9001, ISO 22000, HACCP)**
* **Proficient in MS Office applications (WORD, EXCEL, POWERPOINT)**
* **Knows Basic Arabic language**

Character References :

**UPON REQUEST**